

WHAT TO EXPECT



You will learn how to identify adults and children that may require CPR, what to do, and how to perform CPR. We will teach you all the regulations in accordance to American Heart Association.

Use of an AED

An AED is a vital machine to use in Cardiac Arrest. In this portion of the class we will show you how to operate the machine with precision and efficiency!

Relief of Choking

Choking can often be a very scary thing! We will show you how to determine if a person is choking and how to assist them!

